



FORCETEN Ltd

Tour-Operator & Travel Agent

Room 302 Tung Ming Building – 40/42 des Voeux road Central – Hong Kong

Tel: 852 / 2526 0336 – Fax: 852 / 2537 6223

E-mail address: forceten@forceten.com.hk

Web-site: www.forceten.com.hk

License No: 351195

Myanmar 8 days CRAZY SIC Sales!

TRAVEL ITINERARY

Touring Date : 01 Mar 2010, 15 Mar 2010, 29 Mar 2010, 12 Apr 2010 & 26 Apr 2010

Day 1 Yangon - Arrival (Dinner)

Arrival in Yangon, meet and greet with our English speaking guide and you will be transferred to your hotel for check in.

Overnight in Yangon

Day 2 Yangon (Breakfast)

Yangon lies in the fertile delta of southern Myanmar, on the wide Yangon River. The city is filled with shaded boulevards, while shimmering stupas float above the treetops. The city became the capital only in 1885, when the British completed their conquest of Upper Myanmar and Mandalay's brief period as capital of the last Burmese kingdom ended. Start the tour at the Chinatown and the Indian Quarter. Afterwards, visit Bogyoke Aung San (Scott) Market.

- **BOGYOKE AUNG SAN MARKET:** also known as Scott Market, this building contains over 2000 stalls and is the best place in Yangon to browse through the complete range of local handicrafts.

- **SULE PAGODA:** this 48 meter high golden dome was used by the British as the nucleus of their grid pattern for the city when it was rebuilt in the 1880s. The pagoda's peculiarity is its octagonal-shaped stupa, which retains its shape as it tapers to the spire.



- **KYAUKHTATKYI PAGODA:** the temple contains a gaudy, modern, 70 meter long reclining Buddha, built in 1966 and housed in an iron pavilion. The temple doubles as a monastery and a center for the study of Buddhist manuscripts. Then, visit Karaweik Hall.

- **SHWEDAGON PAGODA:** the highlight of any visit to Yangon. Towering over the city, this pagoda is the most sacred spot in the country, built to house eight hair relics of the Buddha. The Shwedagon and surrounding shrines are at their most beautiful during the sunset hour, as the golden stupa reflects the changing colors of twilight.

Overnight in Yangon

Day 3 Yangon - Bagan (Breakfast)

Flight from Yangon to Bagan and we start sightseeing in Bagan.

Bagan is a spectacular plain stretching away from the Ayeyarwaddy River, dotted with thousands of 800-year old temple ruins. Although human habitation at Bagan dates back almost to the beginning of the Christian era, Bagan only entered its golden period with the conquest of Thaton in 1057 AD.

SHWEZIGON PAYA: King Anawrahta started the construction of the Schwezigon Pagoda to enshrine some relicts of Buddha. The construction was finished by his successor, King Kyansittha between 1086 and 1090. Originally the Shwezigon Pagoda marked the northern end of the city of Bagan. The stupa's graceful bell shape became a prototype for virtually all later stupas over Myanmar.

GUBYAUKHYI TEMPLE at Wetkyi-Inn: This Temple was built in the early 13th Century and repaired in 1468. The great colorful painting about the previous life of Buddha and the distinguished architecture make this temple an interesting site for a visit. This temple is not to be confounded with the Gubyaukgyi Temple in Myinkabe. **ANANDA PAHTO:** one of the finest, largest, best preserved and most revered of the Bagan temples. Thought to have been built around 1105 by King Kyanzittha, this perfectly proportioned temple heralds the stylistic end of the Early Bagan period and the beginning of the Middle period.

GUBYAUKGYI TEMPLE at Myinkaba: Built in 1113 by Kyanzittha son Rajakumar, this temple is famous for its well-preserved Stuccos from the 12th century on the outside walls. The magnificent paintings date from the original construction of the temple and are considered to be the oldest original paintings in Bagan.

MANUHA TEMPLE: The Manuha Temple was built in 1059 by King Manuha, the King of Thaton, who was brought captive to Bagan by King Anawrahta. It enshrines the unusual combination of 3 seated and one reclining image Buddha. It is said that this temple was built by Manuha to express his displeasure about his captivity in Bagan. **SHWESANDAW PAYA:** In 1057 King Anawrahta built this Pagoda following his conquest of Thaton. This is the first monument in Bagan, which features stairways leading up from the square bottom terraces to the round base of the Stupa. This Pagoda is ideal to watch Bagan's magnificent sunsets.

LACQUERWARE WORKSHOP: the villages around Bagan are known for producing the finest lacquerware in Myanmar. Stop by one of the workshops and learn about the painstaking process of lacquerware making and decoration.

Overnight in Bagan

Day 4 Bagan - Mandalay (Breakfast)

Flight from Bagan to Mandalay. Then, start sightseeing in Mandalay.

The last capital of royal Burma, Mandalay is still one of the largest cities in Myanmar, and a cultural and spiritual center. Neighboring Sagaing is

home to over sixty percent of the country's monks, while the artisans of Mandalay continue to turn out the finest crafts in Myanmar. In the morning, head to

MAHAMUNI PAYA. The Mahamuni image enshrined here is perhaps the most venerated image in Myanmar, covered in over 15 cm of gold leaf.

Worshippers flock daily to the shrine at four in the morning to observe the unique face-washing ceremony. Enroute to the pagoda, stop to observe the laborious process of **GOLD-LEAF BEATING**, where gold is painstakingly hammered into tissue-thin squares. Before breaking for lunch, visit a **CRAFT WORKSHOP** specializing in one of the arts for which the city is famous: bronzecasting, marble-carving, wood-carving, or puppetry. The afternoon's tour includes some of the city's most interesting temples and palaces.

Begin at **SHWENANDAW KYAUNG**, or the Golden Teak Monastery. Built entirely of golden teak, this intricately carved wooden monastery was once part of the Mandalay Palace, used as private apartments by King Mindon and his chief queen. Continue to **KYAUKAWGYI PAYA**, famous for its monumental seated Buddha, carved from a single block of marble, and the elegant **SANDAMANI PAYA**. Finally, visit **KUTHODAW PAYA**, known also as the world's biggest book. Around the central stupa are miniature pavilions, each housing a slab of marble. Numbering altogether 729, these slabs are inscribed with the entire Tripitkata, or Buddhist scriptures. Visit Mandalay Hill at sunset and overnight in Mandalay.



Day 5 Mandalay (Breakfast)

Excursion to Amarapura, Sagaing, and Inwa (Ava)

This day tour visits three former royal capitals, each with its own unique atmosphere. In the morning, drive to **AMARAPURA**, and visit **MAHAGANDAYON MONASTERY**; every day at mid-morning, monks and novices line up to receive their daily offering of alms and food from faithful Buddhists. Next, head to **SAGAING**, the spiritual center of Myanmar. Hundreds of stupas, monasteries, temples and nunneries are to be found in Sagaing Hill, sometimes known as a living Bagan. Thousands of monks and nuns retreat here for meditation and



contemplation. Stop at some of the most famous temples, such as **TUPAYON PAYA** and **HSINMYASHIN PAYA** (the Pagoda of Many Elephants). Cross the river by ferry to **INWA**, situated on the banks of the Irrawaddy River. Once a royal capital, Inwa is now a quiet rural oasis. Enjoy a leisurely **HORSECART RIDE** around the peaceful countryside, briefly visiting **BAGAYA KYAUNG**, a beautiful teak wood monastery, **MAHA AUNGME BOZAN KYANG**, and **NAN MYINT TOWER**.

On the way, stop and observe how local artisans make the famous alms bowls out of iron. Finally, return to **AMARAPURA**, to end the day at **U BEINŪ'S BRIDGE**, a picturesque teak bridge which extends over one kilometer across Taungthaman Lake. At dusk, the bridge teems with monks and local people as they stroll home or linger to enjoy the colors of the sunset.

Overnight in Mandalay

Day 6 Mandalay - Heho - Inle Lake (Breakfast)

After breakfast, transfer to flight from Mandalay to Heho. Upon arrival at Heho Airport, transfer to jetty for boat trip to Inle Lake and this transfer will be taken around one hour.

Upon arrival at Inle Lake, make excursion by boat.

INLE LAKE: Inle Lake, located in Shan State, is beautiful, with very calm waters dotted with patches of floating vegetation and fishing canoes. High hills rim the lake on all sides. The lake's shore and islands bear 17 villages on stilts, mostly inhabited by the Intha people. Enjoy the spectacular scenery and observe the skilled fisherman using their leg-rowing technique to propel themselves around the lake. Visit the floating gardens, a floating market and a Intha village around the lake (please note that no markets take place on full moon or new moon days). The day sightseeing also includes a visit to the **PHAUNG DAW OO PAGODA**, **INN PAW KHON VILLAGE** (Lotus and silk weaving) and the **NGA PHE KYAUNG MONASTERY**.



Overnight in Inle Lake

Day 7 Inle Lake - Heho - Yangon (Breakfast)

Transfer from Inle Lake after breakfast and then drive to Heho Airport. Take flight back to Yangon and upon arrival, transfer to your hotel.

Overnight in Yangon

Day 8 Yangon - Departure (Breakfast)

Breakfast and day at leisure until transfer to Yangon International Airport for your international flight back home.

Package price is Net per person in a half twin/double sharing room.

City	Name of Hotel	Room	Name of Hotel	Room
Yangon	Summit Parkview Hotel 3*	Superior	Parkroyal Hotel (F. Grand Plaza Parkroyal) 4-5*	Deluxe
Bagan	Thazin Garden Hotel 3*	Superior	Aureum Palace Hotel - Resort Bagan 5*	Deluxe
Mandalay	Mandalay Swan Hotel 3-4*	Standard	Mandalay Hill Resort 4*	Superior Palace View
Inle Lake	Paradise Inle Resort 3*	Standard	Inle Resort 4-5*	Royal Villa
Price per person	USD720 per person on Twin	Single RM USD150 +	USD995 per person on Twin	Single RM USD295 +

Accommodation is subject to availability. If the listed accommodation is fully booked, alternate accommodation will be offered. All hotel ratings are according to the local accreditation authority.

INCLUDED SERVICES:

- ✓ English-speaking guide only. No other Languages available.
- ✓ accommodation as mentioned above or equivalent.
- ✓ where very early morning flights are scheduled, a breakfast box may replace the standard ABF.
- ✓ meals according to itinerary.
- ✓ flight ticket(s), in economy class unless otherwise specified, according to the itinerary.
 - Flight from Yangon to Bagan.
 - Flight from Bagan to Mandalay.
 - Flight from Mandalay to Heho.
 - Flight from Heho to Yangon.
- ✓ Current fuel surcharges are included, however, these are subject to change prior to tour start date.
- ✓ boat ticket(s) according to the itinerary.
- ✓ ground transportation in private A/C vehicle (complimentary cold towels and drinking water).
- ✓ sightseeing incl. admission fees according to itinerary.

EXCLUDED SERVICES:

- international flight to Myanmar and all international & domestic airport tax on tours.
- visa fees, drinks, personal expenses.